



CLA MENU – MARCH 2020

	Monday	Tuesday	Wednesday	Thursday	Friday
	2	3	4	5	6
Breakfast:	Pancakes	Jam w/ Wheat Toast	Whole Grain Oatmeal	Cheese Toast, Wheat	Hashbrown w/ Crackers
AM Snack:	Chocolate Cookies	Animal Crackers	Maria Cookies	Vanilla Cookies	Graham Crackers
Lunch:	Chicken Nuggets, Peas & Carrots	Steak Fingers, Peas & Carrots	Mac n Cheese W/ Beef, Corn	Wheat Spaghetti w/ Meatballs, Mix Veggies	Egg and Potato Gravy w/ Rice
PM Snack:	Wheat Thins	Ritz Crackers	Goldfish	Club Crackers	Cheese Crackers
Supper:	Meatloaf W/ Wheat bread, Mash potatoes	Fish Sticks, Peas & Carrots	Rice w/ Beef & Potatoes	Pizza w/ Salad	Chicken Nuggets, Peas & Carrots
	9	10	11	12	13
Breakfast:	Whole Grain Cereal	Jam w/ Wheat Toast	Whole Grain Oatmeal	Cheese Toast, Wheat	Hashbrown w/ Crackers
AM Snack:	Chocolate Cookies	Animal Crackers	Maria Cookies	Vanilla Cookies	Graham Crackers
Lunch:	Turkey Cheese Sandwich, Baked Fries	Sloppy Joes Sandwich, Baked Fries	Chicken Nuggets, Peas & Carrots	Beef w/ Cheese Quesadillas, Corn	Chicken Alfredo w/Wheat Pasta, Green Beans
PM Snack:	Saltines	Ritz Crackers	Goldfish	Club Crackers	Cheese Crackers
Supper:	Fish Sticks, Mixed vegetables	Spanish Rice w/ Mix Vegetables	Chicken Noodle Soup Mix Veggies	Wheat Spaghetti w/ Meatballs, Green Beans	Hot Dogs on Wheat Bun, Bake Fries
	16	17	18	19	20
Breakfast:	Pancakes	Jam w/ Wheat Toast	Whole Grain Oatmeal	Cheese Toast, Wheat	Hashbrown w/ Crackers
AM Snack:	Chocolate Cookies	Animal Crackers	Maria Cookies	Vanilla Cookies	Graham Crackers
Lunch:	Chicken Nuggets, Peas & Carrots	Turkey Cheese Sandwich, Baked Fries	Mac n Cheese W/ Beef, Corn	Wheat Spaghetti w/ Chicken, Mix Veggies	Egg and Potato Gravy w/ Rice
PM Snack:	Wheat Thins	Ritz Crackers	Goldfish	Club Crackers	Cheese Crackers
Supper:	Meatloaf W/ Wheat bread, Mash potatoes	Fish Sticks, Peas & Carrots	Stir Fry Chicken w/ Rice & Mix Veggies	Pizza w/ Salad	Chicken Nuggets, Peas & Carrots



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	Monday	Tuesday	Wednesday	Thursday	Friday
	23	24	25	26	27
Breakfast:	Whole Grain Cereal	Jam w/ Wheat Toast	Whole Grain Oatmeal	Cheese Toast, Wheat	Hashbrown w/ Crackers
AM Snack:	Chocolate Cookies	Animal Crackers	Maria Cookies	Vanilla Cookies	Graham Crackers
Lunch:	Steak Fingers, Peas & Carrots	Sloppy Joes Sandwich, Baked Fries	Chicken Nuggets, Peas & Carrots	Beef w/ Cheese Quesadillas, Corn	Chicken Alfredo w/Wheat Pasta, Green Beans
PM Snack:	Saltines	Ritz Crackers	Goldfish	Club Crackers	Cheese Crackers
Supper:	Fish Sticks, Mixed vegetables	Spanish Rice w/ Mix Vegetables	Chicken Noodle Soup Mix Veggies	Wheat Spaghetti w/ Meatballs, Green Beans	Hot Dogs on Wheat Bun, Bake Fries
	30	31			
Breakfast:	Pancakes	Jam w/ Wheat Toast			
AM Snack:	Chocolate Cookies	Animal Crackers			
Lunch:	Chicken Nuggets, Peas & Carrots	Turkey Cheese Sandwich, Baked Fries			
PM Snack:	Wheat Thins	Ritz Crackers			
Supper:	Meatloaf W/ Wheat bread, Mash potatoes	Fish Sticks, Peas & Carrots			

*Breakfast, Lunch and Supper is served with Fresh Fruit and Milk daily. Whole Milk for children age under 2-year-old.
1% Milk for children age over 2-year-old.

*100% Juice and/or Water served with Snack.